

COLLEGE STAR
INTERNATIONAL



**JOIN THE AAU
VOLLEYBALL
ADVENTURE!**

INFORMATIVE BOOKLET



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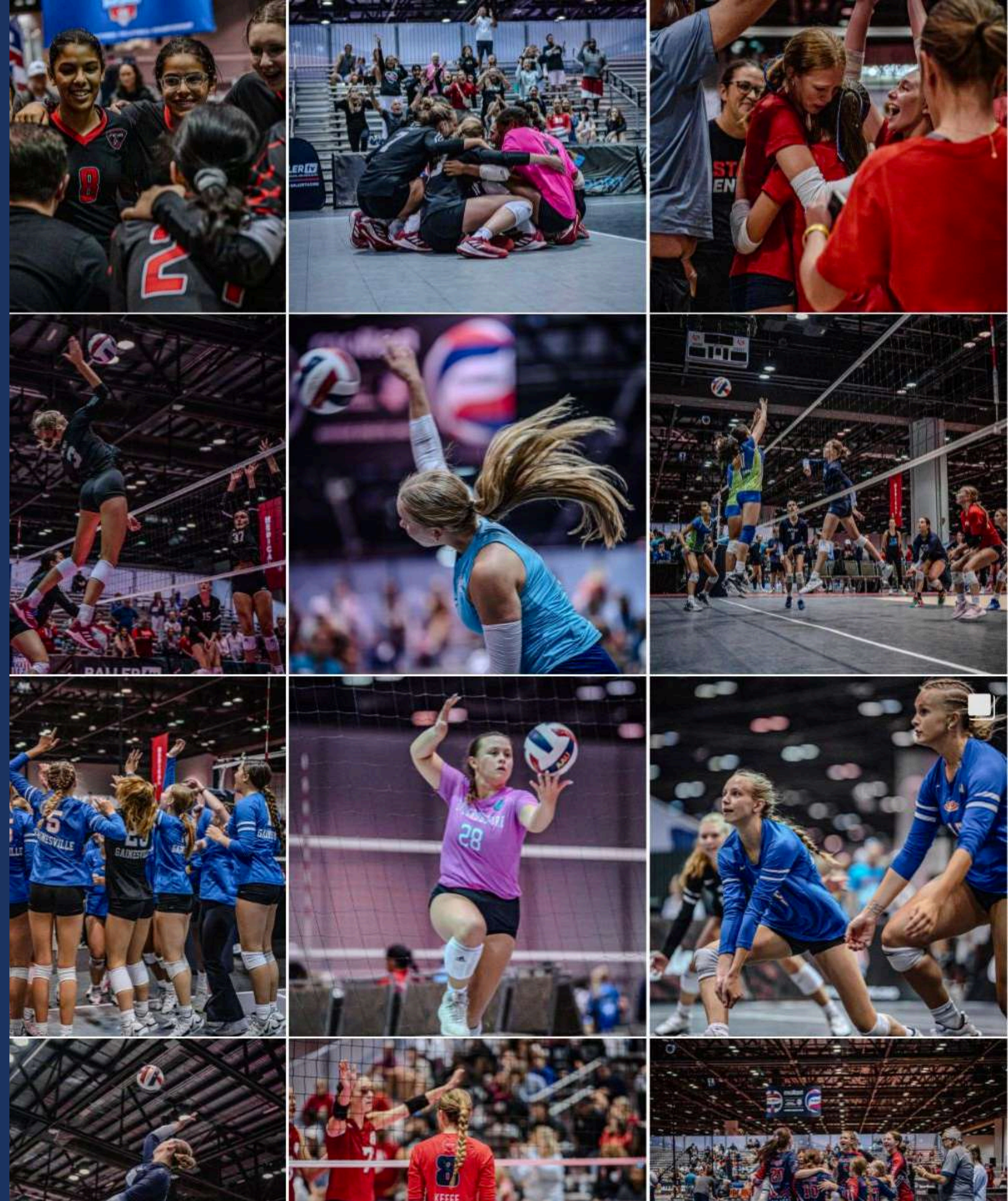
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WHAT IS AAU VOLLEYBALL?



The Amateur Athletic Union (AAU), founded in 1888, strongly supports sports in the USA with one goal in mind: "Sports for All, Forever." AAU volleyball offers young athletes skill development and competitive experience at a high level. Since 1996, the AAU Volleyball National Championship has brought together thousands of teams from across the USA competing for the national champion title in Orlando, making it one of the largest volleyball tournaments in the world.



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UNLOCK YOUR POTENTIAL BENEFITS OF AAU VOLLEYBALL:

- Exposure to hundreds of college coaches
- Opportunity to compete against the top American players in your age group
- Experience the American style of volleyball play and training
- Skill development through structured training
- Guidance from experienced American coaches



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SUMMER EXPERIENCE IN U.S.A.



When?

June 2nd 2025 - June 17th 2025.



AGE GROUPS

U16 team (15,16 years old)

U18 team (17,18 years old)

Depending on the number and age structure of the registered participants.



VOLLEYBALL TOURNAMENT (W):

AAU Nationals/ 18 Open / 18 Premier (Orlando)



LIMITED SPOTS AVAILABLE



**8 DAY TRAINING CAMP - FORT WALTON
+ ORLANDO - TOURNAMENT (AAU NATIONALS)**



10-12 GAMES IN THE TOURNAMENT

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WHAT IS INCLUDED IN THE PACKAGE?



ACCOMMODATION CONDITIONS:

Florida Coastal Academy-Florida Fort Walton Beach



HOTEL FEES

4 nights



FOOD

3 meals a day for 14 days



COACH FEES

Work on individual technique development
Work on tactical elements of the game (team training)
Head Coach/Assistant Coach



TRANSPORTATION

15-seat van transportation and luxury buses with 50 seats



INSURANCE

ON AND OFF THE COURT



UNIVERSITY VISITS

Participants will visit a college campus and experience college life firsthand.



Organized transportation to and from the airport in the USA.



SPORTS EQUIPMENT:

2 sets of jerseys with last name
2 t-shirts
Socks

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SNEAK PEAK



**FORT WALTON
BEACH**



ORLANDO

(Click on the link, text, or image)

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ACCOMMODATION – FORT WALTON



[Click on the link to view Fort Walton Beach from the sky.](#)

[VIDEO](#)

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SPORTS FACILITY – FORT WALTON



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SPORTS FACILITY – ORLANDO



Orange County Convention Center

Click on the link for insight in sport facilities and tournament in Orlando

[LINK 1](#)

[LINK 2](#)

[LINK 3](#)



TRIP ITINERARY

Monday-Friday (typical day)	
7:00am	Wake Up Call
7:30am - 8:15am	Breakfast
9:00am - 11:00pm	Practice (individual or positions) Skills/Strength/Conditioning
1:30pm - 3:00pm	Lunch / Free time/ Video / Scheduled activities
3:30pm - 5:00pm	Mandatory rest/recovery
6:00pm - 8:00pm	Team practice (or friendly game with local team)
9:00pm	Dinner
10:30pm	Lights Out

Thursday 12.06.2025.	
7:00am	Wake Up Call
7:30am - 8:15am	Breakfast
8:30am	Trip to tournament, Location: Orlando
4:00pm	Hotel Check In
4:30pm- 9:00pm	Campus Tour/ Local Sights Tour/ Dinner
10:30pm	Lights Out

Friday-Saturday-Sunday-Monday	
7:00am	Wake Up Call
7:30am - 8:15am	Breakfast
9:00am - 7:00pm	Tournament
Tuesday 17.06.2024.	
TBA	Hotel Check Out
TBA	Transportation to airport
TBA	Travel home

Please note that daily training sessions and activities are subject to change. Our program is designed to adapt to the needs and progress of our players, ensuring a tailored experience that maximizes skill growth and development.



COACHES



Jaleesa Harper
Head Coach

Jaleesa Harper, who previously served as an assistant coach from 2018-2022, was named head coach of the UNC Pembroke on January 25, 2023. She joined the team as a graduate assistant in 2018, later becoming interim assistant coach in 2019-2020, and a full-time assistant in 2021.

In her debut season as head coach, Harper led the Braves to a 21-14 record and a 12-5 mark in Conference Carolinas, advancing to the tournament final. Player Vanja Przulj earned 1st-Team All-Region and 3rd-Team All-American honors, while the team received the AVCA Team Academic Award with a 3.465 GPA.

Before joining UNCP, Harper coached at Fike High School in Wilson, N.C., leading the team to nearly 30 wins and state playoff appearances. She also coached at the Wilson Elite and Carolina Shockwave Volleyball Clubs, winning a regional tournament in 2019.

A native of Elm City, Harper played for Claflin University from 2010-2013, earning academic all-conference honors and helping the team win over 100 games. She holds a bachelor's degree in sport management and business administration from Claflin (2014) and a master's in sports administration from UNCP (2020).

[Click here to hear more
about Jaleesa](#)



Sara Pasour
Assistant Coach

Sara Pasour joins UNC Pembroke as an assistant volleyball coach for the 2024 season. She previously coached at Piedmont University, helping the team double its wins and host its first home playoff match. Before that, she was a graduate assistant at UNC Charlotte, also assisting with sports performance.

A four-year player at Mars Hill, Pasour led her team in assists each season, finishing with 1,728 assists, 894 digs, and 81 aces. She earned South Atlantic Conference All-Freshman honors in 2017. She holds degrees from Mars Hill (2021) and UNC Charlotte (2023).

[Click here to hear more
about Sara](#)

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2024 BASKETBALL TRIP OVERVIEW



[Click the link for insight in our 2024 trip](#)

[AAU 2024 OVERVIEW](#)



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