

**COLLEGE STAR**  
**INTERNATIONAL**



**Experience**  
**the USA Basketball**  
**league - AAU**

INFORMATIVE BOOKLET



**1. INFORMATION**

**2. BENEFITS**

**3. OBJECTIVES**

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2025**

**5. THE TEAM**

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# WHAT IS AMATEUR ATHLETIC UNION?

The Amateur Athletic Union (AAU) has been a strong supporter of sports in the United States since it started in 1888. With the enduring motto "Sports For All, Forever," the AAU has set the standard, fostering amateur athletics for 130 years, both nationally and globally. AAU basketball, along with other AAU sports, provides a host of advantages for young athletes, offering opportunities for skill development, exposure to competitive environments, and the chance to pursue their passion for basketball at a high level.





# UNLOCKING POTENTIAL

## THE BENEFITS OF AAU BASKETBALL:

- Exposure in front of hundreds of college coaches
- Opportunity to play against some of the best USA players
- Experience the USA basketball style of play
- Skill development through structured training
- Coaching by experienced USA coaches

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# SUMMER EXPERIENCE USA



## WHEN?

01.07.2025. - 21.07.2025.



## AGE GROUP

U16 team (15, 16 years old)

U18 team (17, 18 years old)



## LIVE BASKETBALL EVENTS TOURNAMENTS:

1st - KC Live Period Warmup (Kansas)

2nd - KC Summer Live (Kansas)

3rd - KC/ Chicago Bracket Finale (Chicago)



LIMITED NUMBER OF SPOTS



3 TOURNAMENTS 2 DIFFERENT STATES



15-20 TOTAL GAMES



# WHAT IS INCLUDED IN THE TRIP?



## LIVING CONDITIONS:

Kansas University, the birthplace of basketball and a powerhouse in college basketball



## MEALS:

3 meals a day for 21 days  
Total Meals: 63 meals per athlete



## TRANSPORTATION:

15-passenger vans and 50-seater luxury bus



## UNIVERSITY VISITS:

Participants will explore different types of universities at all levels throughout the USA



Pick-up and drop-off at the airport



## HOTEL FEES:

3 nights



## COACHES FEE:

Skills Development Trainers  
Basketball Coaches  
Strength and Conditioning Coaches



## INSURANCE:

On and off the court



## SPORTS GEAR:

2 sets of jerseys with last name  
Practice jersey  
2 t-shirts  
Socks

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# SNEAK PEAK INTO THE TRIP

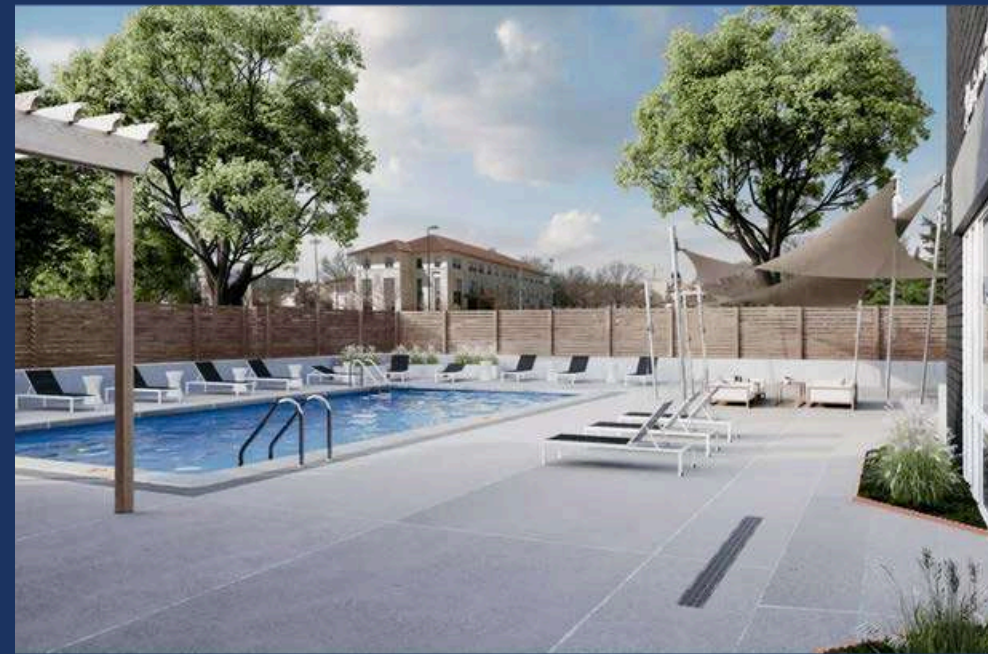


**KANSAS CITY**



**CHICAGO**

# ACCOMODATIONS



[Click the link for a better view of the accommodations at KU](#)

[ACCOMODATIONS](#)



# SPORTS FACILITIES



[Click the link for a better view of KU's sports facilities](#)  
[SPORTS FACILITIES](#)

# TRIP ITENERARY



<b>Mondays - Thursdays (typical day)</b>	
7AM	Wake Up Call
7:30 - 8:15am	Breakfast
9am - 12pm	Skills/Strength/Conditioning
1:30 - 3pm	Lunch / Free Time/ Film / Scheduled activities
3:30 - 5pm	Team Practice
5 - 6pm	Dinner
7 - 9pm	Scrimmage Local Team
10pm	Lights Out

<b>Fridays</b>	
7AM	Wake Up Call
7:30 - 8:15am	Breakfast
8:30am	Travel to tournament, Location: Kansas City/Chicago
4pm	Check-In Hotel
4:30- 9pm	Campus Tours/ Sightseeing
10pm	Lights Out

<b>Saturdays - Sundays</b>	
7AM	Wake Up Call
7:30 - 8:15am	Breakfast
9am - 7pm	Tournament Play
<b>Sundays</b>	
8:45am	Hotel check-out
9am - 3pm	Tournament Play
3pm	Travel home

Please note that daily training sessions and activities are subject to change. Our program is designed to adapt to the needs and progression of our players, ensuring a tailored experience that maximizes growth, skill development, and performance

# COACHES



## Kerry Darting

**Skill Development**

Kerry has a rich basketball background, having played under top-level coaches at various levels and later coaching in Division I. After his college playing career, he trained notable players like Josh Jackson, Tim Hardaway Jr, Evan Turner, and Darius Johnson-Odem, both in college and the NBA.

[Click here to hear more from Kerry](#)



## Travis Hamilton

**Strength & Conditioning**

Travis has had the opportunity to work under many well-respected performance enhancement coaches including current University of Minnesota head strength and conditioning coach Eric Klein. He was also the head strength and conditioning coach for Southwestern College's team.

[Click here to hear more from Travis](#)



## Igor Vrzina

**Head Coach**

As a former Division I college basketball coach, Igor has a vast knowledge for the game. Igor played Division I basketball (University of Idaho) before starting his coaching career. Igor was an assistant coach at Illinois State University and University of Maine. On top of his college coaching career, Igor was a head coach prep school coach at Lee Academy.

[Click here to hear more from Igor](#)

# OVERVIEW OF 2024 TRIP



[Click the link to fully experience our 2024 trip](#)

[AAU 2024 OVERVIEW](#)

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*Are you the next College Star?*

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**CONTACT US:**



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