

**COLLEGE STAR**  
**INTERNATIONAL**

*Since 2008*



**Experience**  
**the USA Basketball**  
**league - AAU**

INFORMATIVE BOOKLET





**1. INFORMATION**

**2. BENEFITS**

**3. OBJECTIVES**

**4. AAU PROGRAM  
2024**

**5. THE TEAM**

# Table of content





# WHAT IS THE AMATEUR ATHLETIC UNION?

For more than a hundred years, the Amateur Athletic Union (AAU) has been a strong supporter of sports in the United States since it started in 1888. With the enduring motto "Sports For All, Forever," the AAU has set the standard, fostering amateur athletics for 130 years, both nationally and globally. AAU basketball, along with other AAU sports, provides a host of advantages for young athletes, offering opportunities for skill development, exposure to competitive environments, and the chance to pursue their passion for basketball at a high level.





# UNLOCKING POTENTIAL THE BENEFITS OF AAU BASKETBALL:

- Exposure in front of hundreds of college coaches
- Opportunity to play against some of the best USA players
- Experience the USA basketball style of play
- Skill development through structured training
- Coaching by experienced USA coaches

04

# SUMMER EXPERIENCE USA



## WHEN?

02.07.2024. - 23.07.2024.



## AGE GROUP

U15, U16, U17, U18



## LIVE BASKETBALL EVENTS TOURNAMENTS:

Kansas City, Denver, Dallas



LIMITED NUMBER OF SPOTS



3 TOURNAMENTS 3 DIFFERENT STATES



15-20 TOTAL GAMES





# WHAT IS INCLUDED IN THE TRIP?



## LIVING CONDITIONS:

Washburn University On-Campus Housing  
 University provides: accomodation, food, training hall  
 link: <https://www.washburn.edu/>



## MEALS:

3 meals a day for 21 days  
 Total Meals: 63 meals per athlete



## TRANSPORTATION:

Two 15-passenger vans



## UNIVERSITY VISITS:

Participants will explore different types of universities at all levels throughout the USA



## HOTEL FEES:

2 nights a week  
 12 rooms each weekend



## COACHES FEE:

Skills Development Trainers  
 Basketball Coaches  
 Strength and Conditioning Coaches



## INSURANCE:

On and off the court



## SPORTS GEAR:

2 sets of jerseys with last name  
 Warm up shirt, Socks



06

# SNEAK PEAK INTO THE TRIP



**DENVER**



**DALLAS**



**KANSAS**



# FACILITIES



**Sleeping and Living Area**



**Dining Food Area**



# FACILITIES



**Gym**



**Weight Room**



**Transportation**



**Transportation**



# TRIP ITENERARY



Mondays - Thursdays	
7AM	Wake Up Call
7:30 - 8:15am	Breakfast
9am - 12pm	Practice/Training/Vertimax
1:30 - 5pm	Free Time/ Scheduled activities, swimming, lake, parks, etc
5 - 6pm	Dinner
7 - 9pm	Scrimmage Local High Schools
10pm	Lights Out

Fridays	
7AM	Wake Up Call
7:30 - 8:15am	Breakfast
8:30am	Travel to tournament, Location: Kansas City/Denver/Dallas
4pm	Check-In Hotel
4:30- 9pm	Campus Tours/ Sightseeing
10pm	Lights Out

Saturdays - Sundays	
7AM	Wake Up Call
7:30 - 8:15am	Breakfast
9am - 7pm	Tournament Play/ Campus Tours
Sundays	
8:45am	Hotel check-out
9am - 3pm	Tournament Play
3pm	Travel home





## Kerry Darting

**Skill Development**

Kerry has a rich basketball background, having played under top-level coaches at various levels and later coaching in Division I. After his college playing career, he trained notable players like Josh Jackson, Tim Hardaway Jr, Evan Turner, and Darius Johnson-Odem, both in college and the NBA.

[Click here to hear more from Kerry](#)



## Travis Hamilton

**Strength & Conditioning**

Travis has had the opportunity to work under many well-respected performance enhancement coaches including current University of Minnesota head strength and conditioning coach Eric Klein. He was also the head strength and conditioning coach for Southwestern College's team.

[Click here to hear more from Travis](#)



## Igor Vrzina

**Head Coach**

As a former Division I college basketball coach, Igor has a vast knowledge for the game. Igor played Division I basketball (University of Idaho) before starting his coaching career. Igor was an assistant coach at Illinois State University and University of Maine. On top of his college coaching career, Igor was a head coach prep school coach at Lee Academy.

[Click here to hear more from Igor](#)



*Are you the next College Star?*

**CONTACT US:**

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